

September



September 1

Romance

True gratitude is expressed from the heart not the mouth.

~ S. H. Moore

September 2

Relationships

The superior man is easy to serve, but difficult to please. The inferior man is difficult to serve, but easy to please.

~ Confucius

September 3

Relationships

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

~ Leo Buscaglia

September 4

Environment

The universe is change; our life is what our thoughts make it.

Marcus Aurelius Antoninus

~

September 5

Career

If we're growing, we're always going to be out of our comfort zone.

~ John Maxwell

September 6

Spirituality/Legacy

You have a unique message to deliver; a unique song to sing; a unique act of love to bestow. This message, this song and this act of love have been entrusted exclusively to the one and only you.

~ Fr. John Powell, S.J.

September 7

Career

You win some and you learn some.

~ Barry Johnson

Weekly Exercise:

The Course of 10,000 Days teaches us to strive to see the uniqueness in each person regardless of their social status and beliefs. The only way we can accurately assess someone is by examining their whole being – that is, their Ego, Emotions and Inner Spirit.

How do people assess you? If they were to make a list of your strengths and faults, what items would be on that list? Would that be a fair assessment of you? How would you convert your faults into strengths?

September 8

Career

When you get to the end of your rope, tie a knot, hang on and swing!

~ Leo Buscaglia

September 9

Fun & Recreation

Happiness makes up in height for what it lacks in length.

~ Robert Frost

September 10

Career

If you wait to do everything until you're sure it's right, you'll probably never do much of anything.

~ Win Borden

September 11

Romance

The conclusion is always the same. Love is the most powerful and still the most unknown energy of the world.

~ Pierre Teilhard de Chardin

September 12

Fun & Recreation

Don't let yesterday use up too much of today.

~ Erma Phillips

September 13

Fun & Recreation

My goal is no longer to get more done, but rather to have less to do.

~ Francine Jay

September 14

Environment

What I'm looking for is a blessing that's not in disguise.

~ Kitty O'Neill Collins

Weekly Exercise:

The Course of 10,000 Days defines existing in a state of Grace as "living in a tranquil state of peace and love." To arrive at this special place, we must discover our talents and put our gifts to good use. What are your talents? And, how do you put them to good use in your life?